# BURRITO BETTY'S

# **MEXICAN GRILL AND MARGARITA BAR**

"GLUTEN FREE BURRITO OPTIONS"

Gluten Free Wraps or Burrito Bowls (no wrap)

# SIGNATURE BURRITOS

All Signature Burritos are double wrapped

#### THE BEIIING (chicken)

Crispy chicken, Menonita cheese, Spanish rice, General Tso's sauce. \$14

#### THE BUFFALO (chicken)

Buffalo chicken strips, blue cheese dressing, Spanish rice, lettuce. \$14

#### THE CALIFORNIAN (all veggie)

Fajita veggies, Spanish rice, black beans, Menonita cheese, avocado slices, sour cream, red salsa. \$13

#### THE HAWAIIAN (pork/ham)

Grilled ham, pork carnitas, chili glazed pineapple slices, Menonita cheese, Spanish rice. \$15

#### THE MEMPHIS (pulled pork)

BBQ pulled pork, Spanish rice, Menonita cheese, chipotle BBQ sauce. \$15

## THE NEW ENGLAND (haddock/scallops)

Fresh fried haddock, scallops, Spanish rice, Menonita cheese, spicy cole slaw. MKT

#### THE OMAHA (flank steak)

Marinated flank steak, Spanish rice, black beans, Menonita cheese. \$16

#### THE SAN FRAN (veggie - no dairy)

Lettuce, tomato, fajita vegetables, black olives, onions, guacamole, tequila lime dressing. \$11

### THE TEXAN (flank steak)

Marinated flank steak, Spanish rice, crispy potatoes, grilled sweet onions, pepper salsa, corn chorizo con queso. \$16

#### THE TULSA (ground beef)

Savory ground beef, Spanish rice, black beans, Menonita cheese. \$13

#### THE BETTY'S BEEF BOMB (all beef)

WARNING: REALLY BIG!!!! TRIPLE WRAPPED. Marinated flank steak, braised beef, Spanish rice, black beans, Menonita cheese, guacamole, sour cream jalapenos, fajita veggies. \$22

# TRADITIONAL BURRITOS

Choose single or double wrap. All with Spanish rice, black beans, Menonita cheese

**PLAIN: \$7 / \$11** 

CHIPOTLE BRAISED BEEF: \$11 / \$15

CHICKEN VERDE: \$10 / \$14 PORK CARNITAS: \$10 / \$14

Turn any TRADITIONAL BURRITO
into a fried CHIMICHANGA
topped with our
Mexican red sauce \$1

or Con Queso \$2

# TRADITIONAL TACO PLATES

Two 6" soft flour, soft or hard corn tortillas, topped with Menonita cheese, lettuce, pico de gallo.

Choose: Spanish rice or black beans

FAJITA VEGGIE \$12
CHIPOTLE BRAISED BEEF \$14
MARINATED FLANK STEAK \$14
CHICKEN VERDE \$13
PORK CARNITAS \$13
GROUND BEEF \$13
FRESH SCALLOPS MKT
GARLIC SHRIMP MKT

a la carta tacos are available

# SIGNATURE TACO PLATES

Two 6" soft flour, soft or hard corn tortillas.

Choose: Spanish rice or black beans

#### THE ATLANTIC (haddock)

Fresh Haddock fried or broiled, lettuce, Menonita cheese, jalapeno aioli. \$14

#### THE BANGKOK (chicken)

Seasoned grilled chicken, fajita veggies, lettuce, red curry coconut sauce. \$14

#### THE CUBAN (ham/pork)

Braised pork, sliced ham, pickles, mustard, melted Menonita cheese. \$14

#### THE KOREAN (beef)

Braised beef, soy ginger sauce, pickled onions. Daikon radish. \$15

#### THE PACIFIC (shrimp)

Fried shrimp, lettuce, red chili cocktail sauce. MKT

a la carta tacos are avialable

## **QUESADILLAS**

A 12" soft flour tortilla filled with menonita cheese and scallions, folded then grilled to crispy perfection.

PLAIN CHEESE \$8

FAJITA VEGGIE \$9

CHIPOTLE BRAISED BEEF \$12

MARINATED FLANK STEAK \$12

CHICKEN VERDE \$10

PORK CARNITAS \$10

GARLIC SHRIMP MKT

FRESH SCALLOPS MKT

Add a side: rice or beans \$3

Please advise your server of any food allergies

WE WANT YOU TO BE 100% SATISFIED.
IF THERE IS SOMETHING YOU ARE NOT PLEASED WITH,
LET US KNOW IMMEDIATELY AND WE WILL MAKE IT RIGHT.

## **DINNERS**

#### **ENCHILADAS**

Three corn tortillas filled with any combo of black beans, cheese, beef, chicken or pork then baked in a red enchilada sauce. Topped with cotija & menonita cheese. Served with Spanish rice and black beans. \$17 (Baked with Verde salsa upon request) (A la carta Enchiladas \$4.50)

#### **FAJITAS**

Delicious steak, chicken or shrimp, pan seared with authentic Mexican spices, fajita vegetables, Spanish rice, Menonita cheese and warmed flour tortillas. (Served with sour cream and pico de gallo) Steak \$19, Chicken \$16, Shrimp MKT

#### **CHILI RELLENOS**

Poblano peppers stuffed with Menonita cheese, dipped in egg whites and fried to a golden brown. Served with Spanish rice and black beans. \$13. Add beef \$5, pork \$4, chicken \$4

#### THE PUEBLO

Three 6" inch corn tortillas filled with braised beef, black beans and coitija cheese, then lightly grilled in our red sauce, Served with Spanish rice. \$13

# CHIPS, DIPS, WINGS & FRIES

#### CHIPS & SALSA

Freshly made warm corn tortilla chips served with Betty's delicious homemade red salsa. First order on the house. X-tra Chips \$1, X-tra Salsa \$1.5

#### **LOADED NACHOS**

Freshly made warm corn tortilla chips layerd with Menonita cheese, black olives, scallions and pickled jalapenos. Then topped with lettuce, tomatoes, sour cream. \$11

Add: Braised Beef or Flank Steak \$5

Buffalo or Chicken Verde \$4

Pork Carnita or BBQ Pulled Pork \$4

Black Beans \$3

(Served with pico de gallo)

#### **GUACAMOLE**

Fresh avocados mixed with fresh garlic, onion, lime juice, cilantro and other spices. SM \$3, LG \$6

#### **CON OUESO DIP**

A delicious combination of slowly melted cheese, cream, onion, garlic, corn, chorizo and Mexican seasonings. \$6

#### **MEXI CHICKEN STRIPS**

Moist & tender chicken strips dusted in a secret blend of seasonings. Choose: Chili Red Sauce, Habanero/Mango or Buffalo. \$10

#### **MEXI CHICKEN WINGS**

Plump, juicy and tender inside, deliciously crispy outside. Choose: Red Chili Sauce, Habanero/Mango or Buffalo. \$11

#### **CALIFORNIA FRIES**

Crispy fries topped with Con Queso, seasoned ground beef, diced tomatoes, lettuce and black olives. \$11

#### **MEXI FRIES**

Crispy fries seasoned with a delicious fajita spice blend. \$6 Con Queso Topped Fries. \$9

Con Queso & Steak Fries. \$14

#### **FRIED AVOCADOS**

Creamy avocados lighty dusted in seasonings then fried to a crunchy golden brown. \$8

### FRIED PICKLES

(when available) Served with jalapeno aioli. \$6

### JALAPENO POPPERS

(when available) Hand stuffed with cream cheese, chorizo, spices. Served woth jalapeno aioli. \$8

## SALADS

#### **CRISPY TACO SALAD**

Crispy flour tortilla shell filled with black beans, Menonita cheese, lettuce, tomato, avocado, shaved radish, black olives. \$11

#### **TOSTADA SALAD**

Crispy corn tortillas layered with black beans, Spanish rice, lettuce, Menonita cheese, then topped with tomato, black olives, scallions. \$11

#### **SHRIMP AND AVOCADO SALAD**

A bed of lettuce topped with tomatoes, scallions, black olives, chili glazed sauteed shrimp, Menonita cheese, fried avocado slices. MKT

#### **MEXI SALAD**

Lettuce, tomato, black olives, Menonita cheese, tortilla chips, crumbled chorizo, Choice of dressing. \$8

Add to any salad. Braised Beef, Flank Steak \$5 Pork Carnitas \$4 Chicken Verde \$4

Ranch, Caesar, Blue Cheese or Tequila Lime Dressing

## **CHILDRENS MENU**

Cheese quesadilla \$4
Chicken & cheese burrito \$5
Chicken, cheese, rice & bean burrito \$7
Chicken fingers \$6
(Above served with fruit or tortilla chips)
Kids Fries \$2

## SIDES/EXTRAS

Sliced avocado \$3 Spanish rice \$3 Black beans \$3 Fajita vegetables \$3 Extra cheese \$1 Extra sour cream \$.50 Betty's house salsa (pint) \$6 Gluten free wrap \$2

## **SOUPS/DESSERTS**

CHECK OUT OUR BLACK BOARD FOR DAILY SOUP & DESSERT SPECIALS